

**choose**  **love** <sup>TM</sup>  
new hampshire





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**Choose Love**

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REPORTING  
HOLDING  
LIFE

COURAGE + GRATITUDE + FORGIVENESS + COMPASSION = THE CHOOSE LOVE FORMULA

A chalkboard-style graphic with a dark green background. The text is written in white and yellow chalk. At the top, it lists 'COURAGE + GRATITUDE + FORGIVENESS + COMPASSION' in white. Below this, it says '= CHOOSING LOVE' in yellow, with a yellow heart icon. At the bottom, it says 'in Action' in white. The Jesse Lewis Choose Love Foundation logo is at the bottom left.

## The **Formula** for Choosing Love

Nurturing means loving kindness  
And gratitude.

Healing mean forgiveness,  
Love is compassion in action.

**choose love**<sup>™</sup>  
movement



COURAGE  
+ GRATITUDE  
+ FORGIVENESS  
+ COMPASSION  
*in Action*

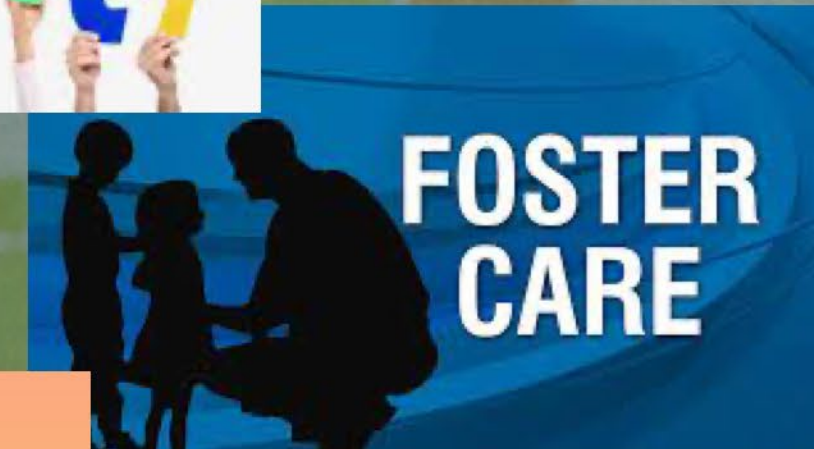
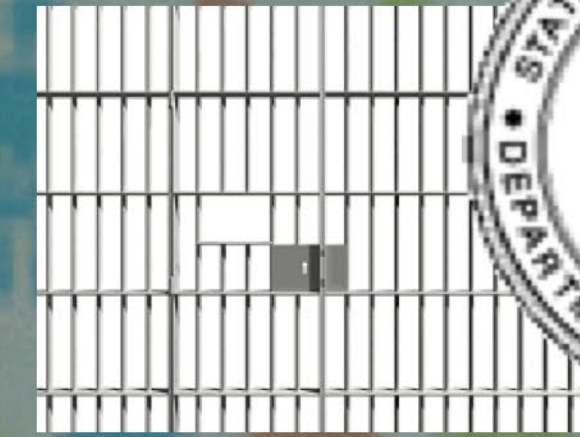
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= CHOOSING LOVE





NH Department of Health & Human Services  
Division for Children, Youth & Families

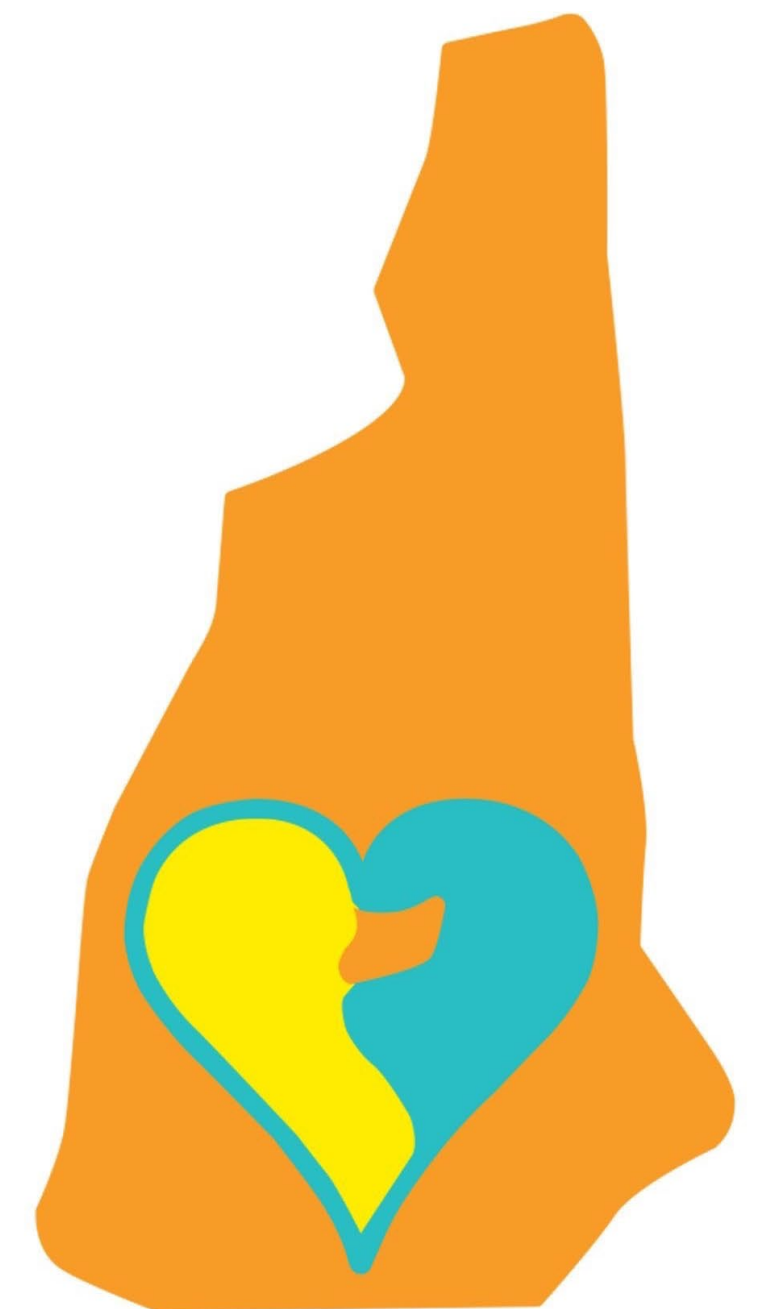


**dhhs**

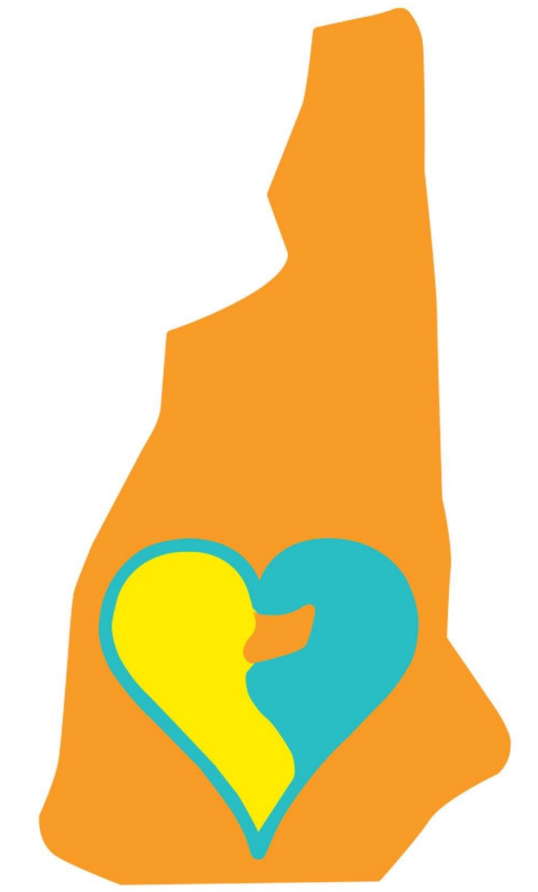
New Hampshire Department of  
**HEALTH AND HUMAN SERVICES**



**Prenatal  
Infant/Toddler  
PreK- GRADE 12  
HOME  
COMMUNITY  
Athletes/Coaches  
Caregivers  
Corrections**





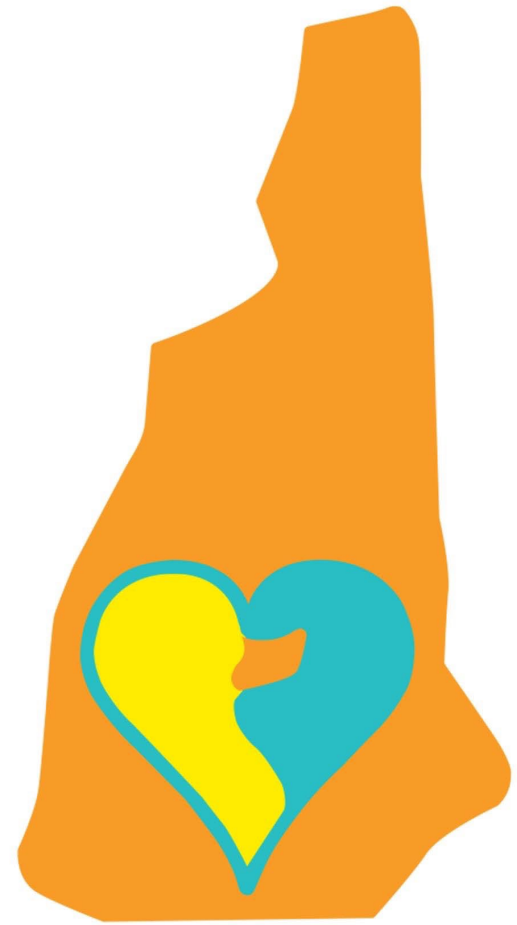


From Touch a Trucks to a Duck Derby to Head Start students engaging in a dress a duck activity... These are just a few examples : )





# Choose Love Activity Booklets



Created in collaboration  
with Greater Nashua  
Smart Start Coalition  
for Early Childhood Success and  
Nashua's Rivier University Education  
Department Students  
2021 . . .



NH is  
Leading the way  
in Choosing Love!







## Ossipee







# Rochester





**Magic happens when there is**

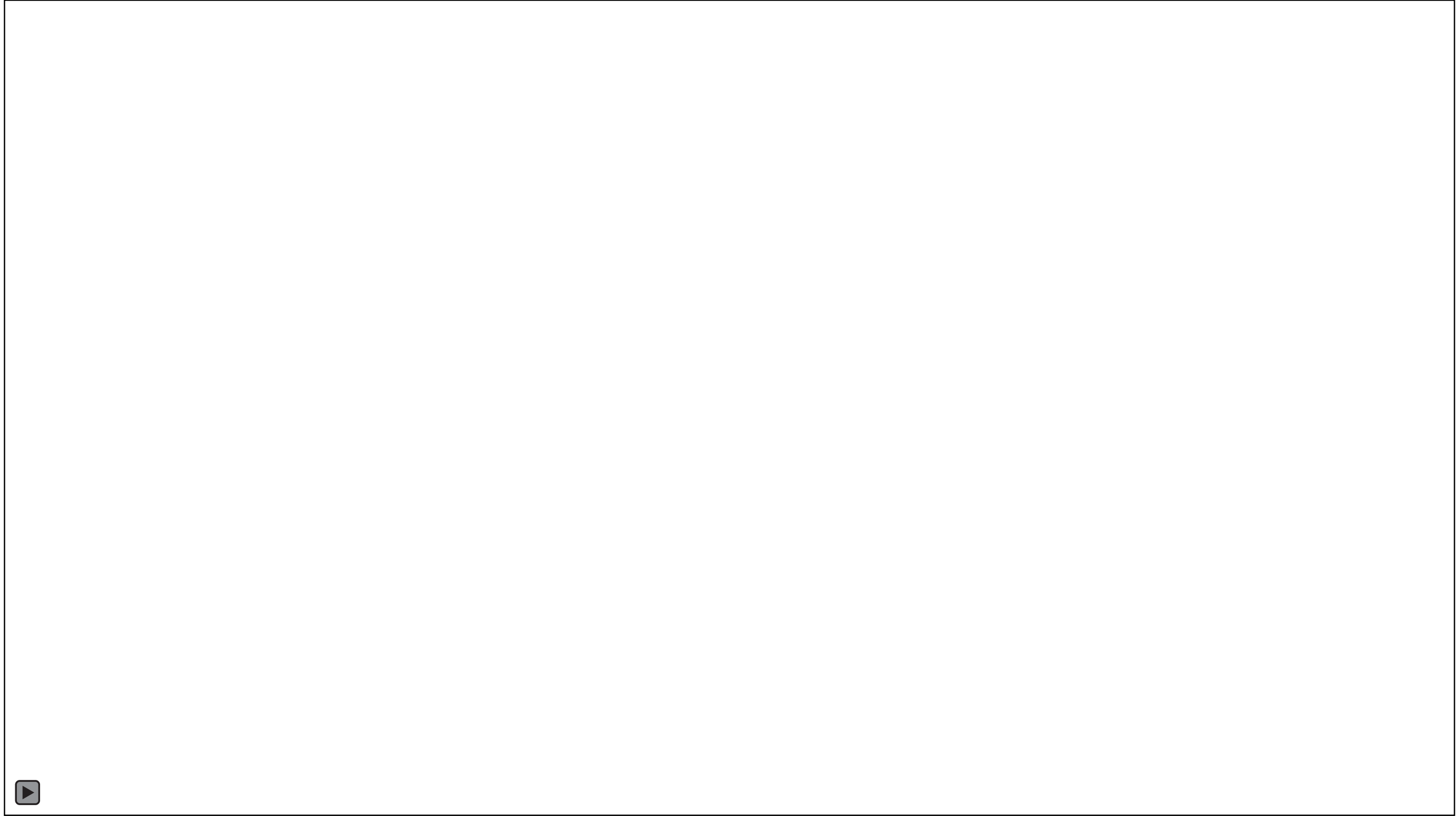
**Community  
Connection  
Collaboration**



# HANOVER & LACONIA













Have a lot  
of RV's!







COURAGE + THE CHOOSE LOVE FORMULA

=

COMPASSION

+

FORGIVENESS

+

GRATITUDE

+

COURAGE

COURAGE +

GRATITUDE +

FORGIVENESS +

COMPASSION =

THE CHOOSE LOVE FORMULA

COURAGE +

GRATITUDE +

FORGIVENESS +

COMPASSION =

THE CHOOSE LOVE FORMULA



*"Changing the World,  
One Starfish at a time"*

Jesse Lewis  
Choose Love  
Movement

COURAGE +

GRATITUDE +

Jesse Lewis  
Choose Love  
Movement

FORGIVENESS +

COMPASSION







